



THE RAM'S HORN

The Newsletter for the Lake Mary Marching Rams, Lake Mary, Florida

Director of Bands: David Norona

Editor: Dr. Sonia Bhatia

www.marchingrams.org

June 2009

Summer Greetings

By David Norona, Director of Bands

Summer Greetings Marching Rams,

I hope this message finds you enjoying the beginning of a long and relaxing summer. I know that I am very excited about the upcoming school year and the fantastic marching season that will come along with it; however, at the same time, I am also very much enjoying some relaxation time! I have just a few reminders for this summer.

First, our Tuesday night rehearsals will be from 6:00pm – 8:30pm every Tuesday over the summer beginning on June 23rd. Students who are in town are expected to be in attendance for these rehearsals. At

the same time, students who are on vacation are expected to thoroughly enjoy and bring back fun stories from their vacation.

When August arrives we have one of our most important events of the year – MARCHING RAMS ORIENTATION – in the LMHS Auditorium at 7:00pm on August 4th. This meeting is MANDATORY FOR ALL MARCHING RAMS and at least one parent as all of the policies and procedures for the 2009 – 2010 school year will be presented.

Marching Rams Orientation is also the deadline for submitting all forms from the packet for Band Camp Registration. You can download it

from our website at www.marchingrams.org under Student Resources.

As you are all aware, after Marching Rams Orientation we have Rookie Camp (8/5 – 8/7, 8:00 am – 4:00 pm) and Full Band Camp (8/10 – 8/14, 8:00 am – 8:00 pm).

Please don't overlook the two rehearsals the week after Band Camp. On August 18th and 20th we will have rehearsal from 3:00 – 5:30 pm.

Please be sure to mark all these dates on your calendar. March on Rams!

From Miriam Rodriguez, Band Booster President:

Band Camp, Marching Season, Football Games, MPA, Fundraising, more Fundraising, Prism concert, Silent Auction, London, Quarter Day, Concert Season, Food drive and Band Banquet. We can confidently say that the 2008-2009 school year was a success! Thank you to everyone that made it possible and for all of your hard work and dedication to this awesome group of students. It does not seem real that we are already getting ready for the 2009 - 2010 school year. It will be a fantastic year filled with "Our Favorite Things"... Mr. Norona has assured me of it, stay tuned for more details soon.

Welcome to all of our freshmen students and parents. Students, The Lake Mary Marching Rams is ABSOLUTELY the best way to begin your high school life! It will help you make friends and have fun, all before school begins. Parents, you will also have the opportunity to have fun and make great friends. I

encourage you all to get involved in all of the Marching Ram activities. We are in need of many volunteers to chaperone, fundraise, feed the students, fix the uniforms, all while having lots of fun.

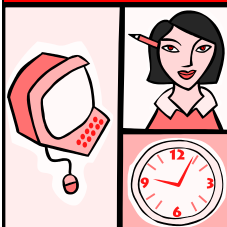
It is our goal that this newsletter will help you get organized and ready for the next school year. It includes information regarding our first parent meeting, band camp, chaperones training, fundraising, uniforms, and all working committees. For updates after this initial letter please make sure to log onto our web site at www.marchingrams.org

At the Marching Rams website, you will find a calendar with dates and information for all activities. It is also important that you subscribe to the LMHS Marching Rams mailing list on the website to receive future newsletters and updates.

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Letter from the Editor
by Dr. Sonia Bhatia

Greetings families and students,
I hope this issue of the Ram's Horn finds you taking full advantage of summer vacation, while I start the adventure of being your newsletter editor for the new year.....

This issue gets us ready for summer rehearsals, band

camp and marching season. There is information geared towards Freshmen families and reminders for our returning vets. Something for everyone!

The theme of this year's half-time show is All my Favorite Things, with summer music rehearsals every Tuesday evening from now onwards, 6-8:30 pm. Please attend if you are in town, and let's get the going! I'm looking forward to being Paparazzi with the Sheddens again this year, and taking lots of photos and video of the Marching Rams.

Until next time,
Sonia

From Miriam Rodriquez, (continued from page 1)

Please mark your calendars for our first student and parent meeting 8/4/2009 at 7:00pm. It is very important to have all students and parents attend this meeting as we get ready for Band Camp and Marching Season. Please remind your students to prepare for Band Camp and Marching Season by getting some exercise every day during the summer. Band Camp could be strenuous as it is the entire marching season. It will be very beneficial to be in shape as the season begins. It is also important that your student drinks water, water and more water. Please make sure they do not forget the sunscreen.

Finally , congratulations to our 2009 – 2010 Leadership! You will definitely make this a fantastic year!

GO RAMS!

From Jennifer Skaggs, Color Guard instructor

Greeting from the flag spinners!
We are gearing up for an INCREDIBLE season for the performing arts. We have a significant amount of work ahead of us, ladies, but we will push through together! Please be sure to log on to the website frequently to access fundraiser dates and weekly updates. Everything you need to make this year successful is at your fingertips.

As we are fast approaching those hot, long days of band camp please be sure to stay hydrated and stay active!! The more you do this summer, bike riding, roller skating, or just going for a run, will benefit you



over the course of guard and band camp. You must build and maintain the stamina and energy to perform a 10 minute half time show!

I am looking forward to working with all of you this summer. We will be ordering flags & other equipment for the show soon, along with your uniforms and accessories. If you do not have a flag to practice with over the summer and would like one, please contact me & I will get you the necessary equipment.

Have a fantastic summer and I will see you at camp.



Hey Rams!

We cannot wait for this year to start with the 49

talented girls we have. We are really excited for our kick off party where we get to know all the girls and their family.

Also right now we are having practices to prepare for the UDA dance camp. We really want to strive for team bonding, first place in home routine and all blue ribbons. After, we will get ready for band camp to teach all the girls all the traditions we follow.

This is going to be a very successful year!

Love,
Daniela Garcia
Marionette Co-Captain



Two well-informed people are saying
Stay in Shape this Summer and Stay Hydrated.
Might it be true?

Save these Dates!

Weekly Tuesday Night Music Rehearsals: June 23 – July 28, 6:00 - 8:30pm, Band Room

July 1: Sign up to be a Dividend with SCPS in order to chaperone our students. Yearly registration required. Link will be at the Marching Rams website.

Marionettes Camp: July 13 – 16, All day

UCF Color Guard Camp: August 3 – 7, 8:00am - 6:00pm, Field House

Marching Rams Orientation: Tues August 4, 7:00pm, Auditorium. Mandatory for all students and parents.

Chaperone training for all Marching Rams chaperones: Mon Aug 10, 6 pm. Auditorium

*Rookie Camp: August 5 – 7, 8:00am - 4:00pm Band Room. Bring lunch and snacks.

*Full Band Camp: August 10 – 14, 8:00am - 8:00pm, Band Room. Bring lunch and 2 snacks. Dinner provided.

First fundraiser starts: Aug 11: Entertainment Books. An easy way to raise funds.

*Tuesday/Thursday Rehearsals: August 18 & 20, 3:00 - 5:30pm, Front Practice Field

*For these events be prepared to spend long periods of time outside in the heat.

Essential supplies for marching practice:

- Sunscreen: Broad Spectrum UV-A & UV-B, SPF 45 or higher. Apply 20 minutes before sun exposure., morning and evening. Remember nose, ears and back of neck.
- Camelback or large insulated water container.
- Broad rimmed hat.
- Covered shoes and socks. No sandals or flip flops.
- For instrumentalists: red T-shirt of your choice. No tanks or spaghetti straps — cover your shoulders from the sun.
- Shorts for women must meet dress code requirements.

Essential preparation for marching practice:

- The night before, drink all the water you can handle until you are practically sloshing to combat dehydration the next day.
- Each morning, eat a full breakfast before you arrive. You will need your strength to tolerate the heat.

One-stop shopping for information on the
Marching Rams

www.marchingrams.org

Your source for all the dates (Calendar page) the latest updates (Weekly Updates) and necessary forms (Student Resources). The Multimedia page is updated with photos frequently.

Contact information:

David Norona, Director of Bands:

David_Norona@scps.k12.fl.us

Stephanie Kersten- Wright, Instructor for Marionettes:

marionettecoach@yahoo.com

Jennifer Skaggs: Instructor for Colorguard:

flagdrag2er@hotmail.com



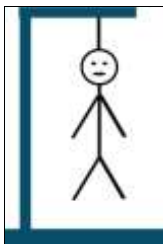
Lake Mary High School, 655 Longwood-Lake Mary Rd.
Lake Mary, FL 32746-3701, 407-320-9560

<http://www.lakemaryhs.scps.k12.fl.us>

Freshman Orientation Mon August 17

Everyone else: Fri August 21

From Laurie Nossair, Treasurer



Pay your dues

That's basically it.
(Long version on Page 5)

To-Do List for Parents

- ♥ Put all these dates into my calendar and hope I don't forget anything.
- ♥ Sign up for the Marching Rams e-mail list on the Marching Rams website.
- ♥ July 1 onwards sign up to be a Dividend with SCPS. Annual ritual. The link will on the Marching Rams website
- ♥ Buy sunscreen — Broad spectrum, UV-A & UV-B, SPF 45 or higher
- ♥ Make sure my Ram has a broad-rimmed hat and camelback or large water container
- ♥ Get enough red shirts for my instrumentalist for all marching practices. Prints OK. No tank tops or spaghetti straps

Chaperones needed for Marching Rams by Kris Ebert, Chaperone Coordinator

As the Marching Rams are now preparing for another fun and exciting as well as challenging year ahead, they will be in need of Parent Support in many, many ways. If you have a Marching Ram, I encourage you to support your student by volunteering as a Chaperone. Whether your student is an incoming Freshman or a returning veteran, this is a Wonderful way to support your student and also watch them grow in the Performing Arts program at Lake Mary High School. **It's an opportunity for you to see first-hand what is involved in the success of our students while at the same time meeting other parents. An opportunity that I promise you will hold dear in your heart forever!**

We will need Chaperones for many Marching Ram activities throughout the 2009/2010 school year: Band Camp, Afternoon/Evening Rehearsals, Football Games, County/District Festivals, Field trips, **Parades, Etc...**

Sign up with me: Please look at the sidebar "**How to be Involved**" and **contact me asap** with the days/times that are convenient for you. Freshman Parents — this is a special invitation to you! We are currently putting together Chaperone Schedules through August and are in need of as many parents as **possible, so please don't be shy about calling to volunteer.**

Registering as a Dividend with the County:

For the safety of our children, you must register as a Dividend with the county on July 1 BEFORE you can chaperone summer rehearsals. The link for annual registration is on the website.

Once I have the scheduling completed, we will have a brief Chaperone training session for all parents scheduled to chaperone throughout the summer.

Mandatory chaperone training: Monday, August 10th at 6:00p.m. in the Auditorium. Mark your calendar now for this very IMPORTANT meeting. We will be discussing the "Do's & Don'ts" of chaperoning the Marching Rams. We will also have sign-up sheets at this training for you to sign up to chaperone for Friday night football games. This is a Mandatory meeting for Chaperones. If you anticipate that you would like to chaperone at any Marching Ram activity, you must attend this meeting.

Thank you in advance for your commitment and support to the Marching Rams for the 2009/2010 school year. I can assure you that it will be an experience that you will treasure for a lifetime. I look forward to meeting and working with each and every one of you!

How to be Involved

- ◆ Tuesday Night Summer Rehearsals: 2 chaperones needed each evening
- ◆ Rookie Camp & Band Camp: 2-3 chaperones at all times. 2, 4 and 8 hr shifts available. Pick days and shifts that work for you, we need all the help we can get!
- ◆ Help with fitting and alterations of marching uniforms: Wed Aug 12 & Thurs Aug 13 starting at 1 pm.
- ◆ Fundraisers
- ◆ Marching Season: General Chaperones, Concessions, Hospitality.

Make one phone call/email:
Contact Kris Ebert at
(321) 689-4740 or
kebert@marchingrams.org
& let her know all the areas that interest you.

Fittings for Marching Uniforms by Diana Garcia

Marching band uniform fittings and assignments will take place on Wednesday August 12 and Thursday August 13 starting at 1 pm on each day.

We are in need of many volunteer parents to help out to measure students, adjust cuffs and pant hems on both days. This is an area where parents can commit

a little time and make a huge contribution!!! If you have some sewing skills (seamstresses are welcomed) please consider helping us make our Marching Rams LOOK GREAT.

Please contact Chaperone Coordinator Kris Ebert and let her know you'd like to help.

We are excited about our coming year and happy that you will be part of it!!!

Mandatory chaperone training for Fall chaperones:
Monday August 10, 6 pm,
Auditorium.
Summer training TBA

Fees for Marching Season by Laurie Nossair, Treasurer

Welcome to our new and returning band parents and students!

All students are assessed a yearly Marching Band Fee that may be paid at registration or in four installments as noted below. This fee will cover the costs of Band Camp, additional instructors, drill and music, props and equipment, marching uniforms, drinks, and other expenses associated with the marching band.

Each student has an individual **account called a "Fair Share"** account, as this is their fair share of what it costs to run the program. You can pay the fee directly or raise the money through the fundraising activities provided by the Boosters. When the amount is paid in full, the student can use all additional funds to pay for needs such as additional gloves or ponchos. These additional funds stay with the student from year to year until they graduate. The funds can then be transferred to a younger sibling in the band.

All students are required to participate in a couple of specific fundraisers that fund activities such as awards or senior tickets for the banquet. These designated mandatory

fundraisers include Quarter Day and Apple Sales.

Marching Band Fees

Due on first Tuesday of each month

Color Guard/Marionettes \$195

August 4	\$50 due
September 1	\$50 due
October 6	\$50 due
November 3	\$45 due

Instrumentalists \$210

August 4	\$50 due
September 1	\$50 due
October 6	\$55 due
November 3	\$55 due

Information for the Payment Envelope

Please include the following information on the front of envelope:

1. Date of payment
2. Student's name
3. What section they are in (instrumentalist, Marionettes, color guard)
4. What you are paying (band fees, accessories, instrument rentals, etc)
5. The amount enclosed
6. Whether you are paying by cash or check, and check number.

If you turn in cash, please put it in a sealed envelope with the **student's name, the dollar amount and the purpose of the funds on the outside of the envelope.**

Remember, if there is no information on the envelope **we won't know who the cash belongs to and won't be able to credit your child's account.**

All Returned Checks will be assessed an additional \$17 to cover bank fees. All future payments will then need to be made in either cash or money order.

Please feel free to email me at anytime if you have questions **about your child's account.** I will try to keep an updated statement on the web page every two months.

For more information please contact Laurie Nossair at laurieross@yahoo.com

Ram's Horn trivia:

In this newsletter, how many times are you reminded to check the website?

Fundraising by Teri Bernard, Chair of Ways and Means Committee

(Ways and Means to march the Rams from the red into the green)

As we approach another exciting year with the Lake Mary High School Marching Rams, the Ways and Means Committee has already been working diligently for several months to coordinate upcoming Fundraising Activities for our students.

Fundraising Activities are a very important part of a **student's participation with the Marching Ram organization.** They are necessary to fund the program, and are also a wonderful way to

help cut out-of-pocket expenses for items things such as annual band fees.

Each Fundraiser will require at least two additional parents to help with chaperoning, distribution, money collection and set up/delivery. If you are available to help with any of the Fundraising Activities please contact our Chaperone Coordinator Kris Ebert. We fully appreciate that your time is very valuable, and we will

make the best of whatever time you can volunteer. The hours that you are able to spend with our students will be a very rewarding experience, I guarantee it!

Without your support and time, it would not be possible for this organization to accomplish many of our successes during the school year. With your help, we look forward to another successful year.

Upcoming Fundraisers

This is a tentative list of Fall fundraising activities on the Marching Ram Calendar. More information will be provided to your student as time gets closer to each activity, and will also be posted on the Marching Ram website.

Summer Car Washes:

July 11 & Aug 1, Steak & Shake Students & Chaperones sign up in band room.

Entertainment Books:

Aug 11: Book Distribution (Tuesday during Band Camp)
Aug 25: Turn in Entertainment books/money after band rehearsal

Apple Sales (the edible kind):

Sept 1-15: Individual sales
Sept 19 & 26: Group Canvassing in neighborhoods, Mandatory for all students.
TBA: Apple Delivery. Mandatory for all Students

Certificates for Honey-Baked Hams:

Oct 20: Sales packets distributed
Nov 10: Orders Due
Nov 18: Certificates delivered.

Food drive: Nov 19, fall concert.

Quarter Days: (Mandatory)
Nov. 27 (Black Friday) Feb 6-7. Locations TBA

Silent Auction:

Dec 16 at Prism Concert.

Candy Sales:

Jan 11, 2010
Jan 26: Money/Candy due

Cookie Dough:

March 9-23
Distribution date TBA

For more information please contact Teri Barnard 407-314-1641

tbarnard@marchingrams.org

Student Leadership 2009-2010

Band Captain - Joseph Jackson
 Drum Majors - Omar Nossair &
 Matthew Tavera
 Color Guard Captain - Kira Clevenger
 Marionette Captains - Daniella Garcia &
 Ifia Stainrod
 Head Librarian - Shannon Young
 Head Quartermaster - Alex Mullis
 Head Uniform - Aimee Lindstrom
 Clerical - Kyra Nickell

Marionette Senior Officers-
 Justine Espinal
 Ashlynnne Davis
 Nathalia Lozano
 Marionette Junior Officers-
 Sammy Salisbury
 Rachel Shedden

Section Leaders:

Flutes - Ashley Langman
 Clarinets - Aimee Lindstrom/Rachel Read
 Saxophones - Daniel Sheres/Kristen Lauzier
 Trumpets - Joseph Jackson
 French Horns - Caroline Fernandez
 Low Brass - Corey Goldenberg
 Percussion - C.J. Rodriguez/ Alex Mullis



Our Concession Stand during Home Football Games by Karen Arnon

The school provides the Marching Rams with a small concession outpost during home football games. We staff it and earn a percentage, and are now filling the slots. You would arrive at 6:30 pm in your red band shirt and be done after the 3rd quarter. It is fun, easy and you can watch the Marching Rams in action! We need at least 3 volunteers per game. If you are available to assist, please inform Chaperone Coordinator Kris Ebert. Go Rams!

A Fond Farewell from Erin Rios, departing Chair of Hospitality

After four years on hospitality I have to say good bye. Mr. and Mrs. Sheres will be lucky enough to take over this position.

Thank you to all the dividends that helped me with band camp and all the other functions. I appreciated all your help. I strongly urge all parents to offer your help with the Marching Rams. It is very worthwhile and important to get involved for your child.

Leadership, you have been wonderful and I have depended on you every year. New leadership - please help Mr. and Mrs. Sheres. They are new at this position and many of you worked with me this past year so you know what needs to be done. I have complete faith in all of you!

As far as Banquet goes, I LOVED doing the banquet this year! I hope you all enjoyed it. My committee was the best!! Mrs. Rodriguez will be working on this next year, so you know it will be a fantastic banquet.

Seniors - you will all hold a special place in my heart!!!! Remember - wherever you go - you will be in my heart. The same goes for my banquet committee! And for the Boosters whom are also my friends!!!! I love you all and will miss you!!!

My four years have gone by so fast and I will always remember the fun times and the people I have met.

Much success to the Marching Rams 2009-2010!!!!

From Nicole Rodriguez, Webmaster

The Marching Rams website will continue to be your number one source of updated information. It is important that all new members sign up for the Marching Rams mailing list through the website. The Band Boosters use the mailing list to send out special announcements and reminders regularly.

Add www.marchingrams.org to your favorites and check it often!

Answer to Ram's Horn Trivia: _____