

Marching Season Winds Practice Record

Score:

Due Date: _____

Name: _____

Instrument: _____

Daily Routine							
<i>Exercise</i>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breathing							
Long Tones							
Flexibility							
Technical							
Music							
Total(minutes):							
Verification:							

Practice time requirement: 90 total minutes/week. Must take place over at least 3 days.

New Music Preparation Steps	Description
<p><u>Prepare Page</u></p> <ol style="list-style-type: none"> 1. Write Name at top 2. Number every measure 3. Define Musical Terms 4. Define Musical Symbols <p><u>Prepare Pitches</u></p> <ol style="list-style-type: none"> 1. Evaluate Key Signature 2. Write new note names in 3. Look up new fingerings 4. Practice new notes with long tones 	<p>Breathing: Practice taking a FULL breath Exhale completely and repeat process at least 5 times. (Note: This may not be comfortable at first, if done correctly)</p> <p>Long Tones: Using a FULL breath, hold a concert Bb out until it requires force to continue. Repeat. Move up to B-Natural and continue up the chromatic scale until one octave is complete.</p> <p>Flexibility: <i>Brass</i> - Overtone practice with each valve/slide position. <i>WW's</i> - Chromatic practice to improve range. Both low and high range.</p> <p>Technical: Scales/Arpeggios, Method Book work.</p> <p>Music: Practice any solo, ensemble or concert music in your folder.</p>
<p><u>Prepare Rhythms</u></p> <ol style="list-style-type: none"> 1. Evaluate time signature, note values 2. Write counts under each note 3. Count & Clap rhythms 4. Play complex rhythms on one note. <p><u>Prepare Performance Markings</u></p> <ol style="list-style-type: none"> 1. Articulations 2. Dynamics 3. Style 4. Other 	

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